

## Medi-Cal Home and Community-Based Services Resource List Fresno County August 25, 2020 version

The Medi-Cal program offers a number of home- and community-based services to support individuals with Medi-Cal, particularly around transitions home following a stay in an acute or long-term care facility. This resource guide has information about Medi-Cal managed care plans, providers, and agencies in your county that can arrange or provide home and community-based services. Some services may be accessed concurrently with others. Below you will find descriptions of the various Medi-Cal home and community-based services, including enrollment processes, as well as contacts for how to access services in your county. We encourage use of these services to help support Californians during the COVID-19 pandemic.

This resource guide was last updated August 25, 2020 and may not be comprehensive. To update this guide, contact info@calduals.org. Not all programs may have immediate availability. Please contact the organization to learn more.

#### **Medi-Cal Managed Care Plans:**

Medi-Cal Managed Care plans have established networks of providers, including doctors, hospitals, and other providers. Managed care benefits include outpatient services, hospitalization, emergency services, preventive services, rehabilitative services, preventive services, mental health services, transportation, and hospice and palliative care. Additional services are available through Fee-For-Service (FFS) Medi-Cal.

Most Medi-Cal beneficiaries in Fresno County are required to enroll in Medi-Cal managed care. Exceptions include individuals dually eligible for Medicare and Medi-Cal, as well as individuals in long-term stays at skilled nursing facilities (generally over 60 days).

For individuals being discharged from hospitals, Medi-Cal managed care plans coordinate with hospital discharge planners on available options, including services available at the individual's home, community settings, and institutional settings.

To enroll in a Medi-Cal managed care plan, or change plans, call Health Care Options at 1-800-430-4263.

Medi-Cal Managed Care Concurrent Program Enrollment			
Program Yes No			
PACE		X	
IHSS	X		
CBAS	X		
1915(c) Waivers	X		
Medi-Cal Fee-For-Service		X	



Medi-Cal Managed Care Plan			
MCP Phone Number Website			
Anthem Blue Cross Partnership Plan	(800) 407-4627	https://www.anthem.com/ca/medicaid/	
CalViva Health	(888) 893-1569	https://www.calvivahealth.org/	

### **Program of All-Inclusive Care for the Elderly (PACE):**

The PACE model of care provides a comprehensive medical/social service delivery system using an interdisciplinary team approach in a PACE Center or that provides and coordinates all needed preventive, primary, acute and long-term care services. Services are provided to older adults who would otherwise reside in nursing facilities. The PACE model helps eligible individuals remain independent and in their homes for as long as possible. To be eligible, a person must be 55 years or older, reside in a PACE service area, be determined eligible at the nursing home level of care by the Department of Health Care Services, and be able to live safely in their home or community at the time of enrollment. To enroll in PACE, Medi-Cal beneficiaries should contact one of the PACE Organizations listed below.

PACE Concurrent Program Enrollment			
Program Yes No			
Any other Medi-Cal		X	
Managed Care Plan			
PACE		X	
IHSS		X	
CBAS		X	
1915(c) Waivers		X	
Medi-Cal Fee-For-Service		X	

PACE Plan			
PACE Plan Phone Number Website			
Fresno PACE	(559) 400-6420	https://www.fresnopace.or	
Sequoia PACE	(800) 637-3187	https://welbehealth.com/	

## In-Home Supportive Services (IHSS) Program:

In-Home Supportive Services (IHSS) is a Medi-Cal based program that assists eligible low-income aged, blind, and disabled persons, including children, who are at risk for out-of-home placement, to remain safely at home by providing payment for care provider services. IHSS is considered an alternative to out-of-home care, such as



nursing homes or board and care facilities. The types of services that can be authorized through IHSS are domestic and related services (such as housecleaning, meal preparation, laundry and grocery shopping), personal care services (such as bowel and bladder care, bathing, grooming and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired.

To request IHSS, please contact the Fresno County Department of Social Services.

IHSS Concurrent Program Enrollment			
Program Yes No			
Medi-Cal Managed Care	X		
PACE		X	
CBAS	X		
1915(c) Waivers	X		
Medi-Cal Fee-For-Service	X		

IHSS Provider				
IHSS Provider	Phone Number	Website	Contact	
Fresno County	(559) 600-6666	https://www.co.fres	https://www.co.fres	
Department of		no.ca.us/departme	no.ca.us/departmen	
Social Services		nts/social-	ts/social-	
		services/adult-	services/contact-	
		services/in-home-	social-services	
		supportive-services		

## **California Community Transitions (CCT):**

CCT Lead Organizations serve eligible Medi-Cal beneficiaries of all ages, who have nursing level of care needs and have continuously resided in state-licensed health care facilities for a period of 90 consecutive days or longer, with at least one day paid by Medi-Cal. Facility stays for short-term rehabilitation services reimbursed by Medicare are not counted toward the 90-day required period. CCT Lead Organizations employ or contract with transition coordinators who work directly with willing and eligible individuals, support networks, and providers to obtain home and community based long-term services and supports required for individuals to maintain their health and welfare during and after transitioning to the community setting of their choice.



To enroll in CCT, Medi-Cal beneficiaries should contact Libertana Home Health, the Lead Organization in Fresno County, for assistance.

CCT Concurrent Program Enrollment			
Program	Yes	No	
Medi-Cal Managed Care	X		
PACE		X	
IHSS	X		
CBAS	X		
1915(c) Waivers	X		
Medi-Cal Fee-For-Service	X		

CCT Lead Organization			
CCT Lead Organization Phone Number Website		Contact	
Libertana Home Health	(800) 750-1444	https://www.libertan a.com/california- community- transitions	info@libertana.com

## **Multipurpose Senior Services Program (MSSP):**

MSSP provides both social and health care management services to assist frail individuals aged 65 or older to remain in their own homes and communities. To be eligible for MSSP, these individuals must meet the criteria for skilled nursing facility care and live within an MSSP site area. The Program's goal is to prevent or delay institutionalization through ongoing care management, using available community services and resources, and purchasing needed services when they are not already available. The total annual combined cost of care management and other services must be lower than the cost of receiving skilled nursing facility care.

To enroll in MSSP, Medi-Cal beneficiaries can begin the application process, or request to be put on a waitlist, by contacting the Fresno-Madera Area Agency on Aging.

MSSP Concurrent Program Enrollment			
Program	Yes	No	
Medi-Cal Managed Care	X		
PACE		X	
IHSS	X		
CBAS	X		
Other 1915(c) Waivers		X	
Medi-Cal Fee-For-Service	X		



MSSP Site				
MSSP Site Phone Number Website Contact				
Fresno-Madera Area Agency On Aging	(559) 214-0299	https://fmaaa.org/	https://fmaaa.org/c ontact-us/	

#### Home and Community-Based Alternatives (HCBA) Waiver:

The HCBA Waiver provides care management services to persons at risk for nursing home or institutional placement. The care management services are provided by a multidisciplinary care team comprised of a nurse and social worker. The care management team coordinates Waiver and State Plan services (e.g., medical, behavioral health, In-Home Supportive Services, etc.), and arranges for other available long-term services and supports available in the local community. Care management and Waiver services are provided in the Participant's community-based residence. This residence can be privately owned, secured through a tenant lease arrangement, or the residence of a Participant's family member.

To enroll in the HCBA waiver, Medi-Cal beneficiaries should complete an application for the HCBA Waiver program, and submit it to the local HCBA Waiver Agency, Libertana Home Health. The waiver application form can be found on the Waiver Agency's website.

HCBA Waiver Concurrent Program Enrollment					
Program	Program Yes				
Medi-Cal Managed Care	X				
PACE		X			
IHSS	X				
CBAS	X				
Other 1915(c) Waivers		X			
Medi-Cal Fee-For-Service	X				

HCBA Waiver Agency				
HCBA Waiver Agency Phone Number Website Contact				
Libertana Home Health	(800) 750-1444	https://www.libertan a.com/hcba	info@libertana.com	



## **Assisted Living Waiver (ALW):**

The ALW Program is designed to assist Medi-Cal beneficiaries to remain in their community as an alternative to residing in a licensed health care facility. The program provides specified benefits to eligible seniors and persons with disabilities. Medi-Cal reimburses for the services provided to residents enrolled in the ALW; however, the resident is responsible to pay for their own room and board.

ALW eligible individuals are those who are enrolled in Medi-Cal and meet the level of care provided in a nursing facility due to their medical needs. Individuals with Medi-Cal benefits that include a share of cost may not be enrolled in the ALW. Determination of care needs is done by registered nurses (RN) employed by a Care Coordination Agency (CCA).

To enroll in ALW, Medi-Cal beneficiaries should contact one of the agencies below.

ALW Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		X
IHSS		X
CBAS		X
Other 1915(c) Waivers		X
Medi-Cal Fee-For-Service	X	

ALW Care Coordination Agencies (CCA)			
ALW CCA	Phone Number	Website	Contact
All Hours Adult	(844) 657-4748	https://www.allhour	info@allhoursadultc
Care	(044) 037-4740	sadultcare.com/	<u>are.com</u>
Libertana Home	(800) 750-1444	https://www.libertan	info@libertana.com
Health Care		a.com/	inio@libertaria.com
		http://app.starnursi	
Star Nursing, Inc. (916) 5	(916) 542-1445	ng.com/assisted-	care@starnursing.c
	(910) 542-1445	living-waiver-	<u>om</u>
		program-alwp/	

Assisted Living Waiver (ALW) Residential Care Facility (RCFE)		
ALW RCFE	Phone Number	
Attentive Senior Care LLC	(559) 449-3566	
Backer Senior Care Home	(559) 443-1887	
Belmar Villa LLC	(559) 486-5977	
Blossom Creeks Assisted Living	(559) 598-9515	
Dignity Care Home	(559) 385-7115	
Everspring Retirement Home	(559) 392-0393	
Fresno Guest Home I	(559) 434-1839	



Assisted Living Waiver (ALW) Residential Care Facility (RCFE)		
ALW RCFE	Phone Number	
Fresno Guest Home II	(559) 299-0867	
Fresno Guest Home III	(559) 298-5815	
Fresno Guest Home IV	(559) 434-1839	
Fresno Guest Home IX	(559) 434-4621	
Fresno Guest Home V	(559) 434-1839	
Fresno Guest Home VI	(559) 298-4746	
Fresno Guest Home VII	(559) 434-1839	
Fresno Guest Home VIII	(559) 434-1839	
Fresno Guest Home X	(559) 434-1839	
Fresno Guest Home XI	(559) 434-1839	
Ideal Care Centers	(559) 275-2488	
Mums Home Sweet Home	(559) 299-7520	
Mums Home Sweet Home 2	(559) 299-7892	
Rehab of Fresno Assisted Living	(559) 268-5362	
Rose Meadow Manor	(559) 840-1991	
Twilight Haven	(559) 251-8417	
Victoria's Care Home, Inc.	(559) 495-9859	
Victoria's Care Home, Inc.	(559) 960-3789	
Victoria's Care Home, Inc.	(559) 960-3789	

## **Community-Based Adult Services (CBAS):**

CBAS offers services to eligible older adults and/or adults with disabilities to restore or maintain their optimal capacity for self-care and delay or prevent inappropriate or personally undesirable institutionalization.

CBAS is an alternative to institutionalization for individuals who are capable of living at home with the aid of appropriate health, rehabilitative, personal care, and social services. Each CBAS center has a multidisciplinary team of health professionals who conduct a comprehensive assessment of each potential participant to determine and plan services needed to meet the individual's specific health and social needs. Services provided include the following: professional nursing services, physical, occupational, and speech therapies; mental health services; therapeutic activities; social services; personal care; meals and nutritional counseling; and transportation to and from the participant's residence.

CBAS Temporary Alternative Services (TAS) represent a short-term, modified service delivery approach that allows certified CBAS providers to deliver essential services to participants most at risk during the COVID-19 outbreak. CBAS providers who are approved for CBAS TAS will be allowed to provide limited individual in-center activities, as well as telephonic, telehealth and in-home services to CBAS participants.



CBAS is a Medi-Cal Managed Care benefit available to eligible Medi-Cal beneficiaries enrolled in Medi-Cal Managed Care. Eligibility to participate in CBAS is determined by the beneficiary's Medi-Cal Managed Care Plan. CBAS also remains a Medi-Cal fee-for-service benefit for a small percentage of individuals who are exempt from Medi-Cal managed care enrollment.

Medi-Cal beneficiaries should begin the CBAS enrollment process by contacting the CBAS center (listed below) from which they would like to receive services. Beneficiaries can also begin the CBAS enrollment process by contacting their Medi-Cal managed care plan.

CBAS Concurrent Program Enrollment		
Program	Yes	No
Medi-Cal Managed Care	X	
PACE		Χ
IHSS	X	
1915(c) Waivers	X	
Medi-Cal Fee-For-Service	X	

CBAS Center		
CBAS Center	Phone Number	Website/Email
Fresno CBAS Center	(559) 512-2227	www.fresnocommunitybas edadultservices.com
Adult Day Health Care of Fresno and Clovis	(559) 227-8600	www.adhcfresnoclovis.com
Guardian Angel's Adult Day Health Care	(559) 492-2876	http://guardianangelsadhc.
Heritage Adult Day Health Care Center	(559) 222-0304	heritageadhc@yahoo.com
Heritage West	(559) 261-0707	heritage.west@yahoo.com
Valley Adult Day Health Care Center	(559) 454-0386	http://www.valleyadultfresn o.com/

#### Other Related Resources Contact Information:

Related Resources			
Related Resource	Phone Number	Website	Contact
Fresno-Madera Area Agency On Aging	(559) 214-0299	https://fmaaa.org/c ontact-us/	https://fmaaa.org/
Fresno County Department of Public Health	(559) 600-3200	https://www.co.fres no.ca.us/departme nts/public-health	https://www.co.fres no.ca.us/departmen ts/public- health/contact- public-health



# **Hospitals in Fresno County:**

Hospitals		
Hospital	Phone Number	
Adventist Health Reedley	(559) 638-8155	
Adventist Health Selma	(559) 891-1000	
Clovis Community Medical Center	(559) 324-4000	
Coalinga Regional Medical Center	(559) 935-6400	
Community Regional Medical Center	(559) 459-6000	
Fresno Heart And Surgical Hospital	(559) 433-8000	
Fresno Surgical Hospital	(559) 431-8000	
Kaiser Foundation Hospital - Fresno	(559) 448-4500	
Saint Agnes Medical Center	(559) 450-2198	
San Joaquin Valley Rehabilitation Hospital	(559) 436-3600	

# **Nursing Facilities in Fresno County:**

Nursing Facilities		
Nursing Facilities	Phone Number	
Bethel Lutheran Home, Inc.	(559) 449-3566	
California Home For The Aged, Inc.	(559) 443-1887	
Coalinga Regional Medical Center Dp/Snf	(559) 486-5977	
Community Subacute And Transitional Care Center	(559) 598-9515	
Dycora Transitional Health - Clovis	(559) 385-7115	
Dycora Transitional Health - Fowler	(559) 392-0393	
Dycora Transitional Health - Fresno	(559) 434-1839	
Dycora Transitional Health - Manchester	(559) 299-0867	
Dycora Transitional Health - Memory Care Of Fresno	(559) 298-5815	
Dycora Transitional Health - Reedley	(559) 434-1839	
Dycora Transitional Health - Sanger	(559) 434-4621	
Evergreen Care Center	(559) 434-1839	
Fowler Care Center	(559) 298-4746	
Fresno Nursing Center	(559) 434-1839	
Fresno Postacute Care	(559) 434-1839	
Healthcare Centre Of Fresno	(559) 434-1839	
Horizon Health And Subacute Center	(559) 434-1839	
Kingsburg Center	(559) 275-2488	
Manning Gardens Care Center, Inc.	(559) 299-7520	
North Pointe Healthcare Centre	(559) 299-7892	



Nursing Facilities		
Nursing Facilities	Phone Number	
Oakwood Gardens Care Center	(559) 268-5362	
Pacific Gardens Nursing And Rehabilitation Center	(559) 840-1991	
Palm Village Retirement Community Health Care Ctr.	(559) 251-8417	
Rolling Hills Care Center	(559) 495-9859	
Sierra View Homes Inc.	(559) 960-3789	
Sierra Vista Healthcare	(559) 960-3789	
Sunnyside Convalescent Hospital	(559) 233-6248	
The Terraces At San Joaquin Gardens Village	(877) 349-1708	
Twilight Haven	(559) 251-8417	
Valley Healthcare Center	(559) 251-7161	
Veterans Home Of California - Fresno	(559) 493-4226	
Willow Creek Healthcare Center	(559) 323-6200	